

CHAMPION YOUTH OUTREACH 2000



Self-Defense Classes for Children

Self-Defense & Safety Awareness
www.championyouthprograms.org

Auto Defensa para niños

Learn to defend yourself and how to avoid dangerous situations/confrontations! Children are taught necessary skills needed today to identify and deal with strangers and bullies. This unique program combines safety awareness education with karate instruction in a fun structured environment. Other benefits include increased discipline, attention span, self-esteem & physical fitness! Parents always welcome to join!

Village of Minooka - Tuesday Evenings
121 McEvilly Road, Minooka. Enter through the double doors and class will be held in the community room.

Registration is open the first 3 weeks of class. You can register and begin class on either **Tuesday, Sept 18, 25 or Oct 9.** Classes are held every TUESDAY through Jan 15 (13 classes if you begin the first day). No class 10/2, 11/6, 11/20, 12/25 or 1/1.

NEW Time!	**Register**	**Class**
New Students Ages 5 & Older /Parents:	4:00	4:15-4:55
All Yellow & Orange Belts /Parents:	4:45	5:00-5:40
All Purple Belts & Higher / Parents:	5:30	5:45-6:35

Prepay and save! ☺ $7 per class if you prepay ($99 includes $8 registration fee), or $8 if you pay weekly (plus a $8 reg. fee paid once per course). Cash or checks w/ proper ID accepted. **There is a $25 charge for returned checks** and your checks will no longer be honored. **A uniform (Gi)** is highly recommended for motivation and for freedom of movement. Uniforms are $33.

Este programa esta disenado para ensenar y darle a los jovenes disciplina, confianza y buen sentido de si mismo. El maestro de cinta negra ensena a principiantes, intermediantes y avanzados tecnicas de defensa propia. Se promueve disciplina y seguridad en lugar de agresion.
Padres bienvenido a participar!

Village of Minooka - Martes por la noches.
121 McEvilly Road, Minooka. Entrar a través de las puertas dobles y la clase se llevará a cabo en la sala de la comunidad.

Las inscripciones seran los **Martes, el 18 o el 25 de Septiembre o el 9 de Octubre** . Las clases iniciaran el primer dia de las inscripciones (el 18 de Septiembre) y se llevaran acabo cada Martes hasta el 15 de Enero (13 clases). No habra pre-inscripciones. No hay clase 10/2, 11/6, 11/20, 12/25 o 1/1.

Nuevo tiempo!	**Inscripcion**	**Clase**
Estudiantes nuevos edades 5 años y mayores:	4:00	4:15-4:55
Cinturones Amarillos y de Naranja /padres:	4:45	5:00-5:40
Cinturones Púrpura y mas avanzado.	5:30	5:45-6:35

$8 por clase si paga semanalmente (mas $8 cargo de registro), o *$99* si paga la cantidad completa por 13 clases. ***Hay un cargo addicional de $25 por cada cheque sin fondo.*** Un Uniforme (Gi) es altamente recomendado para libertad de movimiento y motivacion! Uniformes $33. Estudiantes pueden traer pantalones cortos, sudaderas, y una camisa.

Attn Parents! If you can be at class each week & would like a discount on lessons, call & ask about our "Parent Helper's Club".

This is not a school sponsored publication and is not endorsed by Minooka School Dist #201, Channahon School Dist #17, Nettle Creek CCSD or Troy School Dist #30C.

Champion Youth Outreach 2000 • (847) 981-0576 •www.championyouthprograms.org