

Summer Therapy Groups

Provided by Evolve Therapeutic Center

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Group therapy has many benefits, including: social skill practice, accountability, confidence building, and connection with similar people. Groups conducted by licensed clinicians. Ages, times and location varies from group to group. Reach out to

groups.evolvetherapeutic@gmail.com for more details.

Attendance in group does not guarantee individual therapy.

We Thinkers! Volume 1 Social Explorers®

(Hendrix, Palmer, Tarshis & Winner, 2013)

This group is based off of a Social Thinking® Curriculum for ages 4-6 years old. The curriculum is designed to help develop social emotional skills for a younger age group. This group is designed for children who are socially curious or who may be hesitant to social peer interactions. The group is designed to strengthen foundational social skills. This group will involve stories, song and craft. *

When: Wednesday June 1, 8, 15, 22 & 29

Toolbox Skills Group

Perfect for the beginner or a great refresher! This group serves as a crash course in basic Toolbox Skills for children to utilize in various experiences throughout their lives. Participants will create a Toolbox of Skills they can take home which will include worksheets, activities, and resources they can use as tangible and visual reminders to use tools and concepts learned in this group. The group will discuss coping skills, the zones of regulation, anger management, and more! Horses and other animals will serve as members of the group, and will demonstrate concepts, assist in reflection, and participate in activities.**

When: June 27th- July 1st

Friendship Foundations Group

Group designed for 3rd & 4th graders

Relationships of all types can be difficult to navigate. This Cognitive Behavioral Therapy based group is designed to help navigate friendships. Introducing healthy relationship skills, what to look for in a good friend, and conflict resolution skills. This group will utilize education, discussion and activity to build a strong foundation for healthy friendships to build on as your child grows. *

When: Monday June 6, 13, 20 & 27